



MUSIC NOTES

Benefits of Early Exposure to Music



Research clearly shows that early childhood is the critical time for music development. A child in a stimulating music environment receives an aptitude boost. Where environmental stimulation is lacking, however, children are at significant risk of not achieving the foundation needed to support a lifetime of music learning and enjoyment.

“The brain undergoes a period of rapid neural development after birth, continuing for the first years of life. During this time, new neural connections are forming more rapidly than at any other time in our lives, and during our

mid-childhood years, the brain starts to prune these connections, retaining only the most important and most often used ones. This becomes the basis for our understanding of music and ultimately the basis for what we like in music, what music moves us, and how it moves us. This is not to say that we can't learn to appreciate new music as adults, but basic structural elements are incorporated into the very wiring of our brains when we listen to music early in our lives.”

*Daniel Levitin Ph.D. (2006)
This Is Your Brain on Music p.107.*

About TMC

Each local teaching center outside Atlanta and Philadelphia is individually owned and operates under its own name. The Music Class Inc. is the company that produces the music and books you use in class, and provides training and support for your teacher. Local teachers can adapt our programs, but we all have the same goal in mind: working with parents and caregivers to enable each child to achieve his or her full musical potential.



*-Rob Sayer
Director, The Music Class Inc.*

The bottom line is that easy and relatively effortless learning and enjoyment of music will be an option for those children who have the benefit of a rich musical environment in the earliest years of life.

A number of our graduates are now in their late teens and having great success playing an instrument. Their parents always make a point of saying “it all started with The Music Class!”